

DAILIES REVIEW SHEET

INT. MORNING - DIRECTOR'S CHAIR

Set today's intention. What kind of scene are you filming?
(E.g., Comedy, Romance, Action, Spiritual Journey)

INT. DAILY FOOTAGE REVIEW - EVENING

What moments felt most aligned with your soul's script?

INT. CONFLICT SCENE - FLASHBACK

Were there any unscripted moments? Where did I feel off-character or triggered?

INT. EDITING ROOM - NIGHT

What patterns or limiting beliefs showed up? What do I want to keep or cut?

INT. AWARD CEREMONY - IMAGINED FUTURE

What deserves applause or a standing ovation?

INT. RESHOOT STAGE - TOMORROW'S SET

What would I like to reshoot or revisit with more clarity or love?

INT. WRITER'S ROOM - INNER MONOLOGUE

What edits or script rewrites am I inspired to make going forward?

INT. GRATITUDE ROOM - END SCENE

What's one gift or lesson I want to honor?